

Qigong Conference – Liverpool Sept 14-16th, 2018

Advance Notice...

...and please do read the 'Special Notes' and prices at the end

Hello,

I am writing to notify you of a Qigong Conference being presented by The Personal Energy Centre on the weekend of 14-16th September. This will take place on the same block as our office on Hope Street – in the next-door buildings at MDI and the Masonic Hall.

As the final programme is not complete yet, and we are still putting together the Eventbrite registration file, this email is just being sent as an advance notice for your interest, and to save the dates.

However, what we can tell you at the moment is that there will be six sessions over the weekend – Friday evening, Saturday morning, afternoon & evening, and Sunday morning and afternoon. There will be external/movement and internal/meditation practices. You can do all of them, or a selection, or just one.

The Friday evening will open with a 'keynote address' by Bob Lowey, a highly respected teacher of Qigong and Tai Chi from Glasgow. For more info check his website at www.qigongtauk.com. There will also be presentations by some of the other teachers, and an overview of Qigong. This will provide a comprehensive introduction to Qigong, for people new to it.

Saturday morning will be led by Bob, who will focus on "Medical Qigong" using the system of Daoyin Yangsheng Gong

Saturday afternoon will be led by a group of local practitioners – Barbara Shields, Mo Peacock and Dong Barraclough, who have trained with Master Faye Yip and will be representing the British Health Qigong Association. www.healthqigong.org.uk

Saturday evening will be a fun social event for everyone to take part in our collective Chi Field... including Qigong Games.

Sunday morning will be led by teachers of The Personal Energy Centre – Jane Robinson, Jude Mazonowicz and Sean Gereson, in

aspects of The Eight Extraordinary Meridians Qigong practices.
www.personalenergycentre.com

Sunday afternoon will be an Open Forum for any teachers to introduce themselves, and share their work. It will also include a panel discussion on Clinical Treatment and Qigong Healing.

We hope you will find this of interest, and that it will stimulate the emerging dialogue, evolution and spread of Qigong, as it enters into the mainstream in the West. The more energy, the more life. The better your energy, the better your life.

So, please make a note in your calendar, and put the dates aside. We will be following up with further details, and registration, in a couple of weeks.

Best Chi,

Jim, and The Personal Energy Centre Team

Special Notes:

I am leaving to attend my son John's wedding in Nashville, Tennessee, in the US, this week, and will not be back until Mon 6th August. So please do not send any emails (except additions to the mailing list) in the meantime, as I will not receive them or respond. Thanks.

Places are limited to 25 people, except for Friday evening. If you want to assure a place please respond promptly when the Eventbrite registration is sent out in a couple of weeks.

Costs are £45 for the whole weekend, or £10 per session. A limited number of work-exchange places are available – send an email about details if you are interested.

This advance notice is only being sent to people on our own mailing list. You may inform or send it on to a friend(s), but please do NOT put it on any 'Social Media', such as Facebook or Twitter etc. It is not being publicly announced at this time because of space limitations.

If you have received this from a friend and would like to be added to the conference mailing list, please just send your email address, and a contact phone number if you wish, and you will be kept informed and updated.

If you want to be unsubscribed from this mailing just send a return email saying 'Unsubscribe', and you will be taken off it. Thank You.